



### **Bowling - (Ages 15 - Adults) with/without disabilities.**

It is ***Turkey Time***. With a little practice you will be back to the high rolling scores you saw last year. Knock down the pins and see the Turkey Dance. Meet new people and have fun. **Notice** -All games must be completed by 4:30 p.m. Rides home must be made by 4:45 p.m. *Adapted equipment (ramps) are available for use.* The cost per game is \$2.50. No Program 3/3/09 & 3/5/09.

	Activity #241060A	Ages 18+	\$16/Res; \$24/Non-Res
Activity #241060B	Ages 15-17	\$16/Res; \$21/Non-Res	
1/6-4/21	Tue	2:30-4:30 pm	
Holiday Lanes			
Activity #241060C	Ages 12-17	\$16/Res; \$21/Non-Res	
Activity #241060C	Ages 18-26	\$16/Res; \$24/Non-Res	
1/8-4/23	Thu	2:30-4:30 pm	
Holiday Lanes			

### **Bowling Banquet**

If you participated in the bowling program on Tuesday or Thursday join us at Foster Community Center to celebrate with a late afternoon lunch/ dinner, door prizes, trophies and other surprises.

4/28 Tue 2:30-4:45 pm Foster RM 213

### **Wheelchair Sports -Youth/Adult w/physical disabilities**

Get Fit, Be Strong, Be a part of a wheelchair sports program. Fundamental skills will be taught for tennis and basketball. Help develop a strong team in the Lansing community.

Activity #241090A	NO class 1/19/09		
1/5-2/23	Mon	4:00-5:15 pm	Site TBA Free
Activity #341090A			
3/9-4/27	Mon	4:00-5:15 pm	Site TBA Free



### **WheelChair Sports**

Walmart, LP&R TR programs, USTA Tennis Midwest along with Court One, Peckham Industries, Origami, Hope Network and Center for Independent Living hosted a clinic in the fall. This spring another clinic will be held. We will look for additional support groups in the community. Join this group of people to form a Team Lansing!!!!

This spring and summer get geared up for wheelchair tennis and hand-cycling. For more information contact Joan at 483-4291.